

H.O.P.E.

**VOLUNTEER APPRECIATION DAY
MONDAY, APRIL 22, 2013
11: A.M. - 2:00 P.M.**

Did you stock shelves in the Manna Pantry?
Have you served food in the Soup Kitchen?
Have you delivered backpacks to the schools?
Did you help with Coats for Kids?
Did you drive the van?
Have you given of your time and money to HOPE?
If you have, H.O.P.E. would like to recognize YOU as a volunteer and say a big "Thank You" to you. Please join us!

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LIFE ENRICHMENT PROGRAMS

CALENDAR OF EVENTS

"BE IN THE KNOW OF MEDICAID & MEDICARE BENEFITS"

THURSDAY, APRIL 4

595 S. RAGSDALE, JACKSONVILLE, TX 75766

10:00 A.M. - 11:00 A.M. - ENGLISH

11:00 A.M. - 12:00 P.M. - SPANISH

Juanita Beason, Certified Benefits Counselor
ETCOG/Area Agency on Aging

"TRASH TO TREASURES"

THURSDAY, APRIL 11

595 S. RAGSDALE, JACKSONVILLE, TX 75766

10:00 A.M. - 11:00 A.M. - ENGLISH

11:00 A.M. - 12:00 P.M. - SPANISH

Marylyn Bennett, Master Wellness Volunteer
Texas AgriLife Extension Office

"BEING IN CONTROL OF DIABETES & HIGH BLOOD PRESSURE"

THURSDAY, APRIL 18

595 S. RAGSDALE, JACKSONVILLE, TX 75766

10:00 A.M. - 11:00 A.M. - ENGLISH

11:00 A.M. - 12:00 P.M. - SPANISH

Cheryl Hill, Cherokee Co. Public Health District Outreach Coordinator

"GROWING IN OUR COMMUNITY, EDUCATIONAL & HEALTH DEVELOPMENT"

THURSDAY, APRIL 27

595 S. RAGSDALE, JACKSONVILLE, TX 75766

10:00 A.M. - 11:00 A.M. - ENGLISH

11:00 A.M. - 12:00 P.M. - SPANISH

Dana Henry, Coordinator

Parents as Teachers Program for Cherokee County

Call to RSVP

903/586-7781

mloftin@hopecenter.info

March, 2013 Memorials & Honorariums

Memorials

In Memory:

Chuck Thompson

Jonathan Herring

Belinda Dodd

Otis Spraggins

Florine Hood

Tri Portier

Bettie Crow Pettus

Grace Cole

Given by:

Jane A. Chapman

Bill Bailey

Eddie & Cynthia Renfro

Eddie & Cynthia Renfro

Eddie & Cynthia Renfro

Phil & Marlene Jowell

Jeff & Sissy Austin

Mary Alice Adamson

Hugh Goodpasture

Honorariums

In Honor:

Charlie Esco

Feinstein Challenge: \$1 Million Giveaway to Fight Hunger

H.O.P.E. continues to collect food and money donations that will be matched by Alan Shawn Feinstein. Your donation will be DOUBLED by the Feinstein Foundation! That's powerful!

This campaign will continue through April. Please help us fight hunger here in Jacksonville!

Do you know of someone that needs help applying for S.N.A.P. / Food Stamps?

(Supplemental Nutrition Assistance Program)

Make the process easier and less confusing by letting us help you.

We are now a community partner with the East Texas Food Bank in assisting the residents of Cherokee County.

Call for appointment at H.O.P.E. (903)586-7781
Monday - Thursday
8:30 a.m. - 3:00 p.m.

MANNA Pantry Needs

Dry Goods:

Noodles (Spaghetti, Egg, Elbows, etc.)
Breakfast Cereal
Macaroni & Cheese
Crackers
Peanut Butter (Small jars)
Boxed Instant Potatoes
Hamburger Helper
Chicken Helper
Tuna Helper
Dry Beans (Pinto, Black-eyed) #2 bags
Rice

Canned Vegetables & Fruit:

Peas (Black-eyed, Purple Hull, Field)
Ranch Style Beans
Tomatoes
Carrots
Spinach
Sweet Potatoes
White Potatoes
Beans (Pinto & Kidney)
Pears
Fruit Cocktail
Greens (Turnip, Collard, Mustard, etc.)

Canned Soups:

Cream of Mushroom
Cream of Chicken
Chicken Noodle
Vegetable Soup
Tomato Soup

Condiments

Salt
Pepper
Mayo
Mustard
Ketchup
Barbeque Sauce

Misc.

Rotel Tomatoes
Tomato Paste
Spaghetti's
Ravioli
Cooking Oil
Spaghetti Sauce
Canned Chicken
Spam
Vienna Sausage
Tuna